



Therapeutic Recreation

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Cincinnati, Ohio 45202

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The Cincinnati Recreation Commission's THERAPEUTIC DIVISION invites you to participate in our spring and summer programs!

The Cincinnati Recreation Commission invites you to participate in an exciting assortment of recreational activities this fall and winter!

Selecting Programs

The programs identified in this guide are designed to meet the needs and interests of individuals with mental, physical, learning and emotional disabilities. While some programs can accommodate participants of varying levels of ability, other programs have specific skill requirements due to the nature of the activities. Specific skill requirements, if necessary, are included in the program descriptions. If you have questions about a program or the level of assistance provided, please contact any of the TR Staff listed.

- Min/Max#: represents the minimum number of participants and the maximum number of participants within a program.
 - > All programs must have a minimum of 5 participants registered prior to the start date. If there are not 5 participants registered the program will be cancelled.
 - > If a program has reached its capacity you will be placed on a waiting list.
- Code: The code simply helps us to process registration forms at a quicker pace.
- Registration Deadline: Please pay close attention to these dates. We will not accept applications after the deadline.
- Resident/Non-Resident: You do not have to live within the City of Cincinnati to participate in our programs.
 - > New in the fall of 2006 - we will only be charging one rate for all participants.
- Location: Please see page 13 for addresses for each of the program locations.

In addition to these Therapeutic Recreation programs, individuals with disabilities are welcome to participate in any Cincinnati Recreation Commission program through our Inclusion Services. The TR staff will assist you in identifying programs, registering and requesting accommodations. Please call the TR Division at (513)352-4028 for more information concerning inclusive programs.

Recreation programs and facilities are open to all citizens regardless of race, gender, color, religion, national origin or disability. CRC is an Equal Opportunity Employer and is committed to supporting the Americans with Disabilities Act. Please call in advance if you require special accommodations.

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Cincinnati Recreation Commission



Therapeutic Recreation

Fall & Winter 2006-2007

Program Guide

Program & Registration Information for September - March, 2006/2007

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www.cincyrec.org

Road Map to Therapeutic Recreation Services

Start Here

This road map will provide you with a brief overview by age of the programs and services provided through the Division of Therapeutic Recreation. Please be sure to see the program description within the pages of this program brochure! Individuals with disabilities are not limited to therapeutic recreation services. If you are looking to add a little flavor to your leisure lifestyle... try your hand at inclusion!

Happy Hiking through the variety of adventures we have to offer. Grab your gear and join the fun with the Cincinnati Recreation Commission! Take the path which provides you with the most enjoyable recreation experience.

Pre-School/Kindergarten (ages 3-5)

age criteria varies with program Pg. #

• Aquatics, Parent & Child	2
• Archery Clinic, BlazeSports	3
• Archery, Inclusion	8
• Boccia	4
• Family Sporty Spokesters	3
• Golf Clinic, BlazeSports	3 & 4
• Power Soccer	4
• Wheelchair Basketball, BlazeSports	3
• Wheelchair Tennis, BlazeSports	3
• YES program	7

Teens (ages 13-17)

age criteria varies with program Pg. #

• Aquatics, Adapted	2
• Archery Clinic, BlazeSports	3
• Archery, Inclusion	8
• Basic Cooking Skills	7
• Basketball, Lakers	8
• BB Riverboat Cruise	6
• Boccia	4
• Bowling, Adapted	8
• Bowling, Open	8
• Bowling, Team	8
• Crafts Sampler	7
• Cyclones Game	6
• Family Sporty Spokesters	3
• Golf Clinic, BlazeSports	3 & 4
• Hiking and Lunch	6
• La Comedia	6
• Movie and Dinner	6
• Movie and Pizza Nights	7
• Power Soccer	4
• Putt-N-Fun	6
• Rafting the Little Miami	5
• Snow Tubing for Teens	5
• Stepping Out	7
• Tubing	6
• Wheelchair Basketball, BlazeSports	3
• Wheelchair Football, BlazeSports	3
• Wheelchair Tennis, BlazeSports	3
• YES program	7

Youth (ages 6-12)

age criteria varies with program Pg. #

• Aquatics, Adapted	2
• Archery Clinic, BlazeSports	3
• Archery, Inclusion	8
• Boccia	4
• Bowling, Adapted	8
• Bowling, Junior	8
• Family Sporty Spokesters	3
• Golf Clinic, BlazeSports	3 & 4
• Power Soccer	4
• Wheelchair Basketball, BlazeSports	3
• Wheelchair Football, BlazeSports	3
• Wheelchair Tennis, BlazeSports	3
• YES Program	7

Adults (18 and older)

age criteria varies with program Pg. #

• Aquatics, Adapted	2
• Aquatics, Arthritis	2
• Archery Clinic, BlazeSports	3
• Archery, Inclusion	8
• Basic Cooking Skills	7
• Basketball, Lakers	8
• BB Riverboat Cruise	6
• Boccia	4
• Bowling, Adapted	8
• Bowling, Open	8
• Bowling, Team	8
• Crafts Sampler	7
• Cyclones Game	6
• Family Sporty Spokesters	3
• Golf Clinic, BlazeSports	3 & 4
• Halloween Dance	5
• Hiking and Lunch	6
• La Comedia	6
• Movie and Dinner	6
• Movie and Pizza Nights	7
• Open "Mic" Night	7
• Power Soccer	4
• Putt-N-Fun	6
• Spring Fling	5
• Stepping Out	7
• Sweetheart Dance	5
• Tubing	6
• Wheelchair Basketball, BlazeSports	3
• Wheelchair Football, BlazeSports	3
• Wheelchair Tennis, BlazeSports	3
• Winter Holiday Dance	5

Get Acquainted

with the Full-Time Therapeutic Recreation Staff!



Stephanie M. Knarr, CTRS Stephanie has been supervising the Division for approximately 2 years. She began her career with CRC in 1997 as a field staff working various TR programs. As a full-timer she has specialized in the area of inclusion and disability awareness. Prior to her days at CRC she worked at the Children's Hospital Medical Center on the inpatient adolescent psychiatry unit as a Recreation Therapist. She received her undergraduate degree from Northern Kentucky University in Physical Education, and her graduate degree from Indiana University in Therapeutic Recreation. Away from work, Steph enjoys being with her family; husband Rob and children Laurnyn, Mitchell and Nathan. She is expecting the newest addition to her family in March 2007.



Alayne M. Kazin, CTRS Alayne has worked for CRC for 5 years. She has spent most of her career in clinical settings working with people with various types of disabilities including physical, psychiatric, behavioral and cognitive. Alayne has experience in working with people of all ages. She has an undergraduate degree from Indiana University and a graduate degree from the Ohio State University. Alayne is active in professional associations and enjoys sailing during the spring, summer and fall.



Terry Mongenas Terry has been with CRC since 1989. She has worked as a Recreation Leader, Program Director, Pool Manager, Community Center Director, and today is a Recreation Program Coordinator. Terry worked 10 years in the Adapted Aquatics Program at Mt. Auburn Pool and holds a certification as a Master Teacher of Adapted Aquatics. Since becoming a Program Coordinator in 2001 she has changed her focus from the water to helping improve the staff and programming in our division. Terry enjoys antiquing and camping in her free time.



Dawn M. Bocklett, CTRS Dawn has been with CRC since 1998. She began her career as an intern in 1998 and stayed on as a Recreation Leader and Program Director. In 2001, Dawn was promoted to a full-time position as a Therapeutic Recreation Program/Inclusion Specialist specializing in various TR Programs, adult programming, inclusion, disability awareness, and adapted aquatics. She received her undergraduate degree from Eastern Kentucky University in Therapeutic Recreation. Dawn enjoys spending her free time with her husband Bill, daughter Kira Nicole, and friends.



Kyra Ertley ONE OF OUR NEWEST ADDITIONS! Kyra will be starting with CRC in September of 2006, moving to Cincinnati from Kent, Ohio. She is a recent graduate of Kent State University with a double major of Therapeutic Recreation and Psychology. She has an extensive background in the water as an Adapted Aquatics Instructor, Swim Coach, Lifeguard Instructor, Water Aerobics Instructor and is certified in SCUBA diving. She was also able to spend the summer in Maine at an Easter Seals camp acting as an Inclusion Specialist.



Whitney McNeil, CTRS ONE OF OUR NEWEST ADDITIONS! Whitney will be starting with CRC in September 2006, moving to Cincinnati from Lexington, Kentucky. She is new to the area but not new to the field. She has been providing therapeutic recreation services in a variety of community and clinical settings. Much of her time has been spent at Cardinal Hill Hospital as a Recreation Therapist in the Adult Day Program serving adults with disabilities. She also has ties to the Lexington TR Parks and Recreation Department. She received her degree in Therapeutic Recreation from Eastern Kentucky University.



Karen Schissler Karen has been with the Cincinnati Recreation Commission since 1994. She started as a volunteer at the Westwood Town Hall Therapeutic Recreation Summer Day Camp. Karen advanced to part-time status in 1995, and in 2003 she became a full-time Program/Inclusion Specialist. Throughout the 12 years, Karen has been involved with many recreation programs, and has worked as a day camp leader and director, adapted aquatics instructor, fitness instructor, basketball coach, and Winners On Wheels director. Currently, she is the director of BlazeSports Basketball, Youth Empowerment Social, Disability Awareness, Adult Outings, and the Spring Fling Dance. Karen is also our Volunteer Coordinator and Inclusion Specialist in the East Region of Cincinnati.



Ann-Marie Stuart, CTRS Ann-Marie has been with CRC since September 2005. After having worked in Marketing for 15 years she decided to pursue a more fulfilling career and graduated in Recreational Therapy from the College of Mount Saint Joseph. Ann-Marie has her experience in clinical settings and is now getting her feet wet with CRC in a community setting. Ann-Marie is from Cincinnati and when not working enjoys spending time with her niece Allie who lives with her, and her parents who are also in town.



Sandy Cloud-Heyob Sandy is the Office Manager for the TR Division. She has been with TR for 3 years. Prior to her arrival she worked for 9 years with the CRC Athletics Division. While in the office Sandy helps keep our division organized and running smoothly. She also handles all of our program registration and strives to provide excellent customer service to the public. Sandy has a unique background in design, studying Interior Design at the Ohio Visual Arts Institute. She enjoys spending her free time decorating indoors and out (gardening/landscaping).

Adapted Aquatics & Instructional Swim Program

Our year-round warm water swimming pool is located at the Mt. Auburn Community Center. This facility has been renovated for improved accessibility, with accessible parking, showers, toilet stalls, and an assisted dressing room. Several water entries and exits are available, including a pool chair lift and "easy ladder" with hand railings. The water temperature is maintained at a comfortable 89 degrees. Our programs are designed to include all ability levels, incorporating the TR Sequential Swim Progression and the "Dolan Method" for individuals with autism. Lessons are offered Tuesdays and Saturdays. If you have questions about the appropriate swim level or time, please call Terry at (513)352-4015.

Please Note:

- Children under the age of 5 are encouraged to register for the Parent and Child Aquatics Program prior to participating in the Adapted Aquatics Program.
- Advanced classes are for participants interested in improving their swim strokes and endurance. Participants must be capable of swimming 25 yards (length of pool) on front and back, able to perform safety skills in deep water, and able to work in small groups (2 to 4 swimmers).

Please indicate your preferred program name, code and time on the Program Registration Form, pg. 11 & 12.

Adapted Aquatics Fall/Winter/Spring Sessions

	<u>Beginning/Intermediate Levels</u>	<u>Advanced Level</u>
<u>Tuesdays:</u>	4:30 – 5:15 pm or 5:15 – 6:00 pm	6:00 – 6:45 pm
<u>Fall:</u>	Code: AATF06	Code: AATF06
<u>Winter:</u>	Code: AATW07	Code: AATW07
<u>Spring:</u>	Code: AATS07	Code: AATS07
<u>Saturdays:</u>	10:00 – 10:45 am or 10:45 – 11:30 am	11:30 am – 12:15 pm
<u>Fall:</u>	Code: AASF06	Code: AASF06
<u>Winter:</u>	Code: AASW07	Code: AASW07
<u>Spring:</u>	Code: AASS07	Code: AASS07
<u>Begin/End</u>		
<u>Fall:</u>	October 10 – December 16	October 10 – December 16
<u>Winter:</u>	January 9 – March 10	January 9 – March 10
<u>Spring:</u>	March 20 – May 26	March 20 – May 26
<u>Cancellations</u>		
<u>Fall:</u>	November 21 & 25	November 21 & 25
<u>Winter:</u>	None	None
<u>Spring:</u>	April 10 & 14	April 10 & 14
<u>Min/Max#:</u>	5/9	5/9
<u>Fee:</u>	\$90	\$60

Arthritis Aquatics

The Arthritis Aquatics Program is designed by the National Arthritis Foundation to allow individuals with arthritis to exercise in a supportive, low resistance environment. Please consult your physician prior to registration. People with severe or multiple joint problems or those who have had joint surgery, are encouraged to talk with their doctors regarding any special precautions or limitations.

Guidelines to program:

- Have functional and comfortable shoulder/elbow motion.
- Able to tolerate 5 minutes of movement in the water, or 15 minutes standing or walking on land without excessive pain, fatigue or shortness of breath.
- Require no more than minimal assistance to enter or exit the pool.
- Feel comfortable and confident in water.

	<u>Fall Session</u>	<u>Winter Session</u>	<u>Spring Session</u>
<u>Tuesdays:</u>	3:15 – 4:00 pm	3:15 – 4:00 pm	3:15 – 4:00 pm
<u>Thursdays:</u>	2:15 – 3:00 pm	2:15 – 3:00 pm	2:15 – 3:00 pm
<u>Fridays:</u>	1:15 – 2:00 pm	1:15 – 2:00 pm	1:15 – 2:00 pm
<u>Begin/End:</u>	September 5 – December 15	January 9 – March 9	March 20 – May 25
<u>Cancellations:</u>	November 21, 23, 24	None	April 10, 12, 13
<u>Code:</u>	AR06	AR07	AR07
<u>Fee:</u>	\$20 (10 classes) \$36 (20 classes)	\$20 (10 classes) \$36 (20 classes)	\$20 (10 classes) \$36 (20 classes)

Parent and Child Aquatics

This program is designed to introduce infants and toddlers, ages 6 months through 5 years, to the water and basic safety skills. The program is open to children with and without disabilities. A parent or caregiver will be required to assist the child in the water. Children under age 5 are encouraged to participate in the Parent and Child Aquatics Program prior to participating in the Adapted Aquatics Program.

	<u>Fall Session</u>	<u>Winter Session</u>	<u>Spring Session</u>
<u>Saturdays:</u>	9:00 – 10:00 am	9:00 – 10:00 am	9:00 – 10:00 am
<u>Begin/End:</u>	October 14 – December 16	January 13 – March 10	March 24 – May 26
<u>Cancellations:</u>	November 25	None	April 14
<u>Code:</u>	PCAF06	PCAW07	PCAS07
<u>Fee:</u>	\$30	\$30	\$30

BlazeSports Club Cincinnati & Wheelchair Sports



BlazeSports Club is a national community-based sports and fitness program for children and adults with physical disabilities and visual impairments. BlazeSports is a direct legacy of the 1996 Atlanta Paralympic Games, the first Paralympics ever held in the United States. The program is a multi-level sports program of instruction, competitions, teams, camps and education.

For more information visit www.blazesports.com

BlazeSports Club Cincinnati

By becoming a member of the BlazeSports Club Cincinnati you will be notified of all upcoming sports clinics and special events.

It's easy and FREE to become a member! Please contact us at (513)352-4028 if you're interested!

The programs listed below are available for participants with physical disabilities and visual impairments, beginner to advanced skill levels. Participant eligibility is 5 years and older.

<u>Clinics/Location</u>	<u>Date</u>	<u>Time</u>	<u>Cost</u>	<u>Code</u>
Golf Clinic • Skills Challenge Reeves Golf Course (New Location)	October 7	10:00 am – 12:00 pm	\$10 (Includes lunch)	BGC06
Golf Scramble Reeves Golf Course	October 7	1:00 – 3:00 pm	\$10 (Includes lunch)	BGS06
Archery Clinic Corryville Community Center	January 13	9:00 am – 12:00 pm	\$10	BSA07

Wheelchair Sports

Wheelchair Tennis

Ages: 5 & Older
 Days: Tuesdays and Thursdays
 Begin/End: Spring 2006 – September 29
 Cancellations: August 18
 Time: 6:30 – 8:30 pm
 Location: Sawyer Point Courts at Bicentennial Commons
 Code: WCT06
 Fee: \$50

If you are interested in playing indoor wheelchair tennis at the conclusion of our outdoor program, please call Jim Rackett of the Southern Ohio Wheelchair Tennis Club at (937)748-9058.

Wheelchair Basketball

Ages: 5 & Older
 Day: Saturdays
 Begin/End: October 7 – December 16
 Cancellations: November 11, 25
 Time: 12:30 – 2:00 pm
 Location: Pleasant Ridge Center
 Code: BSB06
 Min/Max#: 5/Unlimited
 Fee: \$35

Wheelchair Football

Ages: 7 & Older
 Day: Saturdays
 Begin/End: Fall: October 7 – December 16
 Winter: January 6 – March 10
 Spring: March 24 – May 26
 Cancellations: November 25 & April 7
 Time: 10:15 am – 12:00 pm
 Location: Pleasant Ridge Center
 Code: BSF07
 Min/Max#: None
 Fee: \$15

Family Sporty Spokesters

This fall we are offering the opportunity for individuals with physical disabilities to experience the fun of hand cycling! Thanks to anonymous donors, we have 5 hand cycles available at Lunken Playfield! This is a great opportunity for family and friends to learn a new recreational activity together while enjoying the scenic bike path at Lunken. The cycles will be available by reservation on Monday and Wednesday evenings, and Saturday and Sunday mornings. Please call Ann-Marie at (513)352-2549 a day in advance to make reservations (Sunday reservations need to be made by Friday afternoon). If family members and friends prefer to rent a bicycle, rentals are \$8.00 per hour (available through September).

Days: Monday & Wednesday (5:00 pm – dusk)
 Saturday & Sunday (9:00 am – 1:00 pm)
 Begin/End: April 3 – October 30
 Location: Lunken Playfield
 Code: OHC06
 Min/Max#: None
 Fee: FREE ! FREE! FREE!

Archery

NEW! This inclusive program is an instructional program for individuals of all skill levels. The program will be taught by a Certified Level 2 Archery Instructor. Adapted equipment and assistance is available.

Ages: 7 & Older
 Day: Tuesdays
 Begin/End: Ongoing
 Cancellations: November 21
 Time: 6:00 – 8:00 pm
 Location: Corryville Center
 Code: BSA06
 Min/Max#: 5/15
 Fee: Memberships: Children & Teens-\$5 / Adults-\$15

BlazeSports Club Cincinnati & Wheelchair Sports

Power Soccer Clinic

Attention All Power Wheelchair Users – this sport is exclusively for you!!! Join the newest craze across the nation – Power Soccer. This is an international sport with a competitive arena. The skills necessary to play include a desire to play soccer, be a part of a team, and the ability to independently maneuver your own power wheelchair.

We will be introducing the sport to Cincinnati in March of 2007. Jerry Frick, a national advocate for the sport of Power Soccer will be hosting a clinic in Cincinnati on Saturday, March 10. The clinic is an introduction to Power Soccer for all skill levels.

Power Soccer is playable by just about anyone who uses a power wheelchair, the only real requirement is that you are able to drive your chair with a good degree of control – for the safety of yourself and other players. However, with the development of protective soccer guards and the use of helmets, elbow guards, and other protective gear, the sport is incredibly safe.

For many, Power Soccer is the only outlet available to them for experiencing the thrill of real competition, the excitement of a team sport, and the fun of just going out to play. Don't miss out on the thrill of playing this popular sport!

Ages: 5 & Older
Date: Saturday, March 10
Time: 10:00 am – 2:00 pm
Location: TBA
Code: PSC07
Min/Max#: 5/30
Fee: \$10

For more information about this sport go to: www.powersoccar.net

Boccia Clinic

Boccia is a sport that is played by individuals, pairs or teams at both recreational and competitive levels. This sport is for people with cerebral palsy and other locomotor disabilities who are wheelchair users. Boccia requires athletes to utilize skills such as: concentration, coordination, muscular control, accuracy, teamwork, cooperation, and strategy. Boccia would be a great tool to increase skills in all areas listed above.

The game can be adapted using a variety of techniques. The ball can be thrown, rolled and kicked depending on the range of motion of each of the athletes. Boccia can also be played by using a ramp and another person to assist the athlete.

Cincinnati will be launching this program in the winter of 2007! Come join us at our clinic to learn more about this opportunity and the potential to dominate in the sport for individuals with cerebral palsy!

Ages: 5 & Older
Date: Saturday, February 17
Time: 10:00 am – 2:00 pm
Location: TBA
Code: BC07
Min/Max#: 5/30
Fee: \$10

For more information about this sport go to: www.bocciainternational.com

Let's Go Golfing!

USGA
Supported Program



The Cincinnati Recreation Commission and Billy Casper Golf are the proud recipients of a second grant funded by the United States Golf Association. In May of 2006, we again received a grant for \$12,000 from the USGA to improve accessibility on the golf courses within the City of Cincinnati. In 2005-2006 we spent \$4,000 for the facilitation of golf programming for individuals with disabilities through the implementation of golf clinics, group golf lessons and reduced rate individual lessons. Through the USGA grant we received a matching grant totaling \$16,000 to acquire two brand new Solo Rider single rider golf carts to be used on our seven CRC courses. The accessible golf carts can be used by individuals with any type of mobility impairment (not limited to wheelchair users). We are currently trying to raise another \$8,000 in order to again match the USGA grant and obtain two additional Solo Rider carts. If you are interested in helping us achieve this goal, please contact Alayne at (513)352-4945. All donations are tax deductible through the Cincinnati Recreation Commission (a 501© 3 organization).

Accessible Individual Golf Lessons

These lessons are for anyone who would like to work individually with a PGA Pro at a course near their home! Lessons can be arranged with a specific pro that has experience working with individuals with disabilities. You can arrange for as many or as few sessions as you like! The fee is \$10 per half hour. For more information or to obtain the names of our PGA Pros at CRC courses, please call Alayne at (513)352-4945.

BlazeSports Golf Clinic / Skills Challenge

For Individuals with Physical Disabilities & Visual Impairments.

Learn how to play or improve your golf game! Join us for our 3rd annual BlazeSports Golf Clinic and have some fun! Participants will be divided into groups by age and ability and will attend instructional sessions at stations and on the course with PGA Golf Pros! Learn all about driving, chipping and putting and how to improve your game! Lunch will be provided.

Ages: 5 & Older
Date: Saturday, October 7
Time: 10:00 am – 12:00 pm
Location: Reeves Golf Course (new location)
Code: BGC06
Fee: \$10 (includes lunch)
Registration Deadline: September 29

BlazeSports Golf Scramble

For Individuals with Physical Disabilities & Visual impairments, and their Friends and Family!

Join us after the clinic for a fun golf scramble on the par 3 course at Reeves. This is a chance to use your new golf skills and have some playing time on the course. We will have single rider carts available for use. If you wish, bring a friend or family member to join you in this fun event.

Ages: 5 & Older
Date: Saturday, October 7
Time: 1:00 – 3:00 pm (lunch at 12 pm)
Location: Reeves Golf Course
Code: BGS06
Fee: \$10 (includes lunch)
Registration Deadline: September 2

NEW! Send us your e-mail address & take advantage of our e-mail announcements!

To cut costs we will no longer be mailing flyers to promote upcoming events. We will be taking advantage of the current technology and will send e-mail announcements. The announcements will include valuable information about upcoming programs and "spontaneous" events. You can also check out our website @ www.cincyrec.org for up-to-date program information.

If you are interested in being on our e-mail distribution list, please call Terry Mongenas at (513)352-4015, or send her an e-mail to terry.mongenas@cincinnati-oh.gov.

Dances / Hangin' with the Teens

Inclusion

What is Inclusion?

Individuals with and without disabilities participating in recreational activities together.

Inclusion Support Services

The TR Division's "Inclusion Team" was created to assist community center staff with accommodations, education and materials to aid them in including individuals with disabilities in CRC's programs and activities.

Accommodations

Types of Accommodations

- Changes in Rules and/or Policies
- Assistance with ADLs
- Architectural Changes
- Adaptive Equipment
- Increased Supervision
- Behavior Management
- Training for Staff
- Boardmaker Tools for Communication

How to Request an Accommodation

If you feel an accommodation would be beneficial or necessary, at the time of your registration at the community center, please request an Accommodation and Assessment form (this document is used to formally request additional assistance you may require from the community center).

Dances

Come and celebrate fall and winter by dancing to the music and socializing with friends! Participants will have the opportunity to improve life skills such as socialization, communication, and how to display appropriate public behavior.

Halloween Dance

(Dinner Included)

Ages: 18 & Older
Date: Friday, October 27
Location: The Grove
Time: 6:30 – 9:30 pm
Code: HD06
Min/Max#: 5/120
Fee: \$22 • Staff/Aide \$10
Registration Deadline: October 13

Winter Holiday Dance

(Dinner Included)

18 & Older
Friday, December 8
The Grove
6:30 – 9:30 pm
WHD06
5/120
\$22 • Staff/Aide \$10
November 22

Sweetheart Dance

(Dinner Included)

Ages: 18 & Older
Date: TBA
Time: 6:30 – 9:30 pm
Location: TBA
Code: SD07
Min/Max#: 5/120
Fee: \$22 • Staff/Aide \$10
Registration Deadline: TBA

Spring Fling

(Snacks Included)

18 & Older
Friday, March 30
7:00 – 9:00 pm
Madisonville Center
SF07
20/75
\$12 • Staff/Aide Free
March 16

Sorry, no one will be permitted to register at the door.

Hangin' with the Teens

Rafting the Little Miami

Enjoy the season by rafting the Little Miami River! Participants will work together to paddle down the river in a large raft. There will be a minimum of 6 staff on this outing. Additional staffing will be utilized if more individualized assistance is needed. Participation will be limited to 12.

Ages: 13 – 18
Date: Saturday, September 30
Pick-Up Location: Clifton Center
Time: 9:30 am - 3:00 pm
Code: RLM06
Min/Max#: 6/12
Fee: \$25 • Staff/Aide \$20
Registration Deadline: September 22

Snow Tubing For TEENS

Snow Tubing at Perfect North! What a perfect teen activity! Give your child a chance to enjoy the outdoors, meet new friends and experience a new leisure skill while still having the necessary adult supervision. There will be a minimum of 6 staff on this outing at Perfect North. Additional staffing will be utilized if more individualized assistance is needed. Participation will be limited to 15.

Ages: 13 – 18
Date: Saturday, January 27
Location: Perfect North Slopes
Pick-Up Location: Clifton Center
Time: 1:00 – 5:00 pm
Code: ST07
Min/Max#: 5/15
Fee: \$20 • Staff/Aide \$15
Registration Deadline: January 19

Outings

Putt-N-Fun

Come out with us and swing away on the miniature golf course, show off your moves on the bank shot court, and find your way through the human maze. Don't forget to bring extra money to play some arcade games. There will be 6 staff on this outing with an anticipated number of 15 participants. Participants will practice appropriate social skills in a community setting.

Ages: 16 & Older
Date: Saturday, October 21
Location: Putt-N-Fun, Milford, OH
Pick-Up Location: Clifton Center
Time: 6:00 – 9:30 pm
Code: PNF06
Min/Max#: 5/15
Fee: \$20 • Staff/Aide \$10
Registration Deadline: October 13

Hiking and Lunch

Join your friends and make new friends on an easy hike at one of Hamilton County's many parks. We will take a morning hike and then head out for lunch. Please dress in layers and wear sturdy shoes for the hike. Bring \$10 for lunch and a drink. We will have up to 12 participants with 5 staff on this fun day trip. Participants will engage in physical activity, learn about our natural surroundings, use social skills and have a great time.

Ages: 16 & Older
Date: Saturday, November 4
Pick-Up Location: Clifton Center
Time: 10:00 am – 2:00 pm
Code: HAL06
Min/Max#: 5/12
Fee: \$5 • Staff/Aide Free
Registration Deadline: October 27

Tubing

Enjoy the crisp cool air at Perfect North Slopes! Participants will experience the joys of winter sports. There will be a minimum of 6 staff on this outing. Additional staffing will be utilized if more individualized assistance is needed. Participation will be limited to 15. The goal of the outing is to increase self esteem and develop new leisure skills.

Ages: 16 & Older
Date: Saturday, January 20
Pick-Up Location: Clifton Center
Time: 1:00 – 5:00 pm
Code: PNS07
Min/Max#: 5/15
Fee: \$20 • Staff/Aide \$15
Registration Deadline: January 5

Movie and Dinner

Enjoy a relaxing night viewing a movie and having a delicious dinner with new friends. This outing will give you the opportunity to polish up your skills on proper eating etiquette and appropriate social behavior in a community setting. There will be a minimum of 6 staff on this outing and participation will be limited to 15.

Ages: 16 & Older
Date: Saturday, February 24
Pick-Up Location: Clifton Center
Time: 4:30 – 10:00 pm
Code: MAD07
Min/Max#: 5/15
Fee: \$20 • Staff/Aide \$20

Make sure to bring extra money for snacks at the movie!
Registration Deadline: February 9

Cyclones Game

Hockey is back in Cincinnati! We will have a blast at the game and bring some cash so you can buy some treats from the concession stand! There will be 6 staff present on the trip, with a maximum capacity of 15 participants. We would like to encourage participants to bring cash to practice money management skills at the concession stand.

Ages: 16 & Older
Date: Saturday, March 17
Pick-Up Location: Clifton Center
Time: 6:00 – 10:30 pm
Code: CCG07
Min/Max#: 5/15
Fee: \$15 • Staff/Aide \$15
Registration Deadline: March 2

BB Riverboat Cruise

Climb aboard for a 2 hour cruise featuring games, entertainment and a delicious buffet. This is your opportunity to see the beautiful Ohio River and the landscape surrounding our city! Practice appropriate social skills during your meal. There will be 6 staff present on this trip with a maximum number of 15 participants.

Ages: 16 & Older
Date: Saturday, April 21
Pick-Up Location: Clifton Center
Time: 11:00 am – 2:30 pm
Code: BB07
Min/Max#: 5/15
Fee: \$33 • Staff/Aide \$33
Registration Deadline: April 6

La Comedia Dinner Theatre

Come see the production of GREASE! live in a theatre! La Comedia is one of the nation's largest dinner theatres, featuring spectacular Broadway shows and fine dining. We venture by van to Springboro, OH for a night of elegance, so be sure to wear a nice outfit! There will be 6 staff present on this trip with a maximum of 15 participants. Appropriate social etiquette and money management skills should be encouraged.

Ages: 16 & Older
Date: Saturday, May 19
Pick-Up Location: Clifton Center
Time: 4:30 – 11:30 pm
Code: LAC07
Min/Max#: 5/15
Fee: \$45 • Staff/Aide \$45
Registration Deadline: May 4

Out on the Town

Social & Leisure Programs

Youth Empowerment Social (YES)

This group of young individuals with physical disabilities meets once or twice a month on Saturdays. The participants will work towards improving self confidence and independence by participating in sports, crafts, outings, special events and an end of the year cookout.

Ages: 5 – 13
Day: Saturdays
Dates: Oct. 7, 21, Nov. 4, 18, Dec. 2, 16,
Jan. 20, Feb 3, 17, Mar. 3, 17, Apr. 21,
May 5, 19
Location: College Hill Center
Time: 10:00 am – 12:00 pm
Code: YES06
Min/Max#: 5/20
Fee: \$25

Movie & Pizza Nights

Come join us for a relaxing night at the community center! We'll watch a good movie and have some great tasting pizza. Participants will have the opportunity to improve life skills such as socialization, communication, and how to display appropriate public behavior. One Friday each month we will play host to you and your friends with this favorite weekend activity. Please note location change.

Ages: 16 & Older
Day: Fridays
Dates: Oct. 13, Nov. 3, Dec. 1, Jan. 12, Feb. 2,
Mar. 2, Apr. 20, May 4
Location: Clifton Center
Time: 6:00 – 8:30 pm
Code: MP06
Min/Max#: 5/20
Fee: \$30

Open "Mic" Night

Sing karaoke, or perform your own special "gig", such as playing your guitar or other favorite musical instrument. The stage is yours! This is a monthly, inclusive Musical Entertainment Night for adults, where you join in, and positively applaud and support one another's special talents. Choose to hold the mic, use the mic stand, or even use a headset or clip-ons! You will be surprised at what you and your friends can really do! And you will take that pride and achievement with you, everywhere! If you enjoy music, meeting those old as well as new friends, and like to express your creative self, these monthly Saturday nights are the perfect place to be. Everyone who attends must complete a registration form. High attendance is expected at this program, therefore, minimal supervision will be provided. Negative behavior will not be tolerated.

Ages: 18 & Older
Day: Saturdays
Dates: Oct. 14, Nov. 11, Dec. 9, Jan. 13,
Feb. 10, Mar. 10, Apr. 14 & May 12
Cancellations: None
Location: Pleasant Ridge Center
Time: 6:30 – 9:30 pm
Code: KN06
Min/Max#: 5/40
Fee: Free!!!

"Stepping Out"

Do you enjoy dancing? Here's an opportunity to learn some new steps, stay in shape, meet some new friends and have some great fun! Our 11-week dance program will include line dancing and other types of active movement. This program must have a minimum of 5 participants registered prior to the start date.

Ages: 16 & Older
Day: Tuesdays
Begin/End: January 9 – April 10
Cancellations: January 30, February 27, March 27
Location: College Hill Center
Time: 7:30 – 8:30 pm
Code: SO07
Min/Max#: 5/20
Fee: \$20

Crafts Sampler

Our 10-week crafts program will be divided into 2 mini-sessions. The first session will involve working with traditional mediums and the second session will focus on holiday crafts. Join others in the opportunity to be creative and make some unique gifts for friends and family for the holiday season! This program must have a minimum of 5 participants registered prior to the start date.

Ages: 16 & Older
Day: Thursdays
Begin/End: October 5 – December 14
Cancellations: November 23
Location: Clifton Center
Time: 7:00 – 8:30 pm
Code: CS06
Min/Max#: 5/20
Fee: \$35

Basic Cooking Skills

This program will offer participants an introduction to meal planning & preparation and good nutrition. Join your friends in this group and learn how to prepare snacks, appetizers and meals that are satisfying and healthy!

Ages: 16 & Older
Day: Tuesdays
Begin/End: October 10 – December 12
Cancellations: None
Location: Dunham Center
Time: 6:00 – 8:00 pm
Code: CK06
Min/Max#: 5/10
Fee: \$35

Making new Friends

Sports / Bowling Programs

Lakers Basketball

The Lakers Basketball Program is designed for competitive level athletes with the skills and knowledge to play regulation basketball. Games are scheduled against area Special Olympic teams. The season concludes with regional and state tournaments. Each athlete must have a current Special Olympic medical release in order to participate.

A pre-season informational meeting is scheduled on September 21, 6:30 pm, at the Corryville Community Center. All registration forms and payments are due at this time. The team will practice after the meeting.

Ages: 16 & Older
Day: Thursdays
Begin/End: September 21 – March 29
Cancellations: November 23, December 21 & 28
Location: Corryville Center
Time: 6:30 – 8:30 pm
Code: LB06
Fee: \$40
Registration Deadline: September 21

Archery

NEW! This inclusive program is an instructional program for individuals of all skill levels. The program will be taught by a Certified Level 2 Archery Instructor. Adapted equipment and assistance is available.

Ages: 7 & Older
Day: Tuesdays
Begin/End: Ongoing
Cancellations: November 21
Time: 6:00 – 8:00 pm
Location: Corryville Center
Code: ARC06
Min/Max#: 5/15
Fee: Memberships: Children & Teens - \$5, Adults - \$15

Archery Clinic

Date: January 13
Location: Corryville Center
Time: 9:00 am – 12:00 pm
Code: ARC07
Fee: \$10

Bowling Programs

Team Bowling

This program is designed for the competitive level bowlers who wish to be on a bowling team and participate in a league. Team standings and averages are posted each week. Weekly attendance is required to participate on a team. Each athlete will be placed on a team by the league coordinator. Bowlers of all experience levels are encouraged to participate.

Open Bowling

This program is designed for beginners and/or those who are unable to attend on a weekly basis. Scores and averages are kept for each bowler.

Adapted Bowling

This program is designed for individuals with physical disabilities. Bowling ramps are available. Scores and averages are kept for each player.

Junior Bowling

This program is designed for younger bowlers (6 – 12) and is designed to give them the chance to experience the fun and excitement of bowling. "Bumper" lanes and ramps are available. Scores and averages are kept for each bowler. Parents and siblings are encouraged to participate in this program. We do request parent attendance throughout the program.

Ages: 6 & Older
Day: Saturdays
Begin/End: October 14 – April 21,
Special Olympics Tournament – April 28
Cancellations: November 25, December 23 & 30, April 7
Location: Brentwood Bowl
Time: 12:00 – 2:30 pm
Code: Team Bowling TB07 Adapted Bowling AB07
Open Bowling OB07 Junior Bowling JB07
Fee: \$40 This fee includes payment for the end of season Awards Banquet.

In addition to the program registration fee, a weekly bowling fee of \$5.50 is required for shoes and for 3 games. Please bring exact change.

Please Note: Due to the number of bowlers, our ability to provide individual assistance is limited. Parent/Guardian/Staff assistance is requested for those unable to bowl independently. Parent/Guardian/Staff assistance is also requested for the Team Bowling program to maintain the correct order for electronic score-keeping.

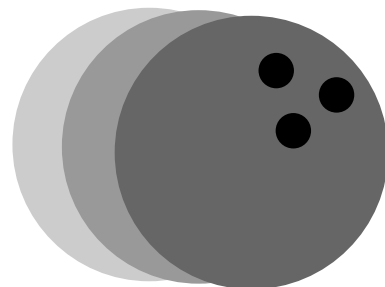
Check-In/Registration: Please arrive at the bowling alley at 11:45 am – bowling will begin at 12:00 pm. Bowlers arriving more than 15 minutes late will not be permitted to bowl 3 games as we must be finished bowling by 2:30 pm. Please bring exact change each week for your lane/shoe fees. Access pick-up should be scheduled between 2:30 – 3:00 pm. Late pick-ups may be charged a late fee after 3:00 pm.

Bowling Awards Banquet

An awards banquet will take place on Saturday, May 5, 2007, from 12:00 – 3:00 pm. All registered bowlers are invited to attend – No additional fee is required because the banquet fee has been built into the bowling registration fee. Family and friends are welcome and encouraged to attend as guests for an additional fee.

Ages: All TR Bowlers & Guests of All Ages
Date: May 5, 2007
Location: TBA
Time: 12:00 – 3:00 pm
Code: BB07
Fee: Registered Bowlers - No additional fee is required
Guests - \$20.00

Registration Deadline: All guests must register by mail or in person by Monday, April 23, 2007. No registrations will be accepted after this date or at the door on the day of the banquet.



Support Information

TR Wish List

- Adapted Archery Equipment
- Portable Basketball Hoop
- Exercise Equipment
- Portable DVD/VHS Television
- Art Supplies
- Books
- Puzzles
- Large Radio with CD Player
- Laptop Computer
- Handheld Games (i.e. Gameboy, Leapster, ect.)
- Digital Camera
- Timers
- Sensory Toys
- Switch Toys

Support Our Services!

The Division of Therapeutic Recreation provides several opportunities for you to show your support for the services we provide to the community. Without the support of our constituents, our programs and services are limited. If you are committed to pledging your support to the programs and services provided by the Division of Therapeutic Recreation, we ask that you explore one of the opportunities listed below:

Sponsorship – TR implements many programs for a variety of populations (ages and disabilities). We offer several special events throughout the year that businesses, corporations and organizations could choose to provide sponsorship for. As a potential sponsor, you would receive additional recognition for the funding provided for a special event.

Donations – Financial or in-kind donations are always welcome! Contributions made to the Cincinnati Recreation Commission Foundation are tax deductible to the fullest extent of the law. The CRC Foundation is a 501c3 non-profit organization whose purpose is to aid and improve the quality of life for Cincinnati citizens. These tax-deductible donations give the Foundation an opportunity to supplement current services and to provide an immediate impact to the City of Cincinnati. By donating to the Cincinnati Recreation Commission Foundation, you are able to identify what you would like the funds to be spent on. If you are interested in making a monetary donation to the Division of Therapeutic Recreation, please make checks payable to the Cincinnati Recreation Commission Foundation. Checks should be mailed to 805 Central Avenue, Suite 800, Cincinnati, Ohio 45202. Please specify you are making a donation to the Therapeutic Recreation Division. For more information, please call Stephanie at (513)352-4055.

Please Volunteer!

The Therapeutic Recreation Division needs volunteers to assist our staff with programming! There are many opportunities to volunteer! Whether it's an ongoing program or a special event, we are always in need of assistance to provide individualized attention to those we serve. Immediate opportunities include:

Dances, YES, Bowling, Wheelchair Football, Golf Clinic & Open "Mic" Night. Volunteers must be at least 13 years of age. Please call Karen at (513)352-4056 if you would like more information on volunteer opportunities.

Thank You to Our Sponsors

In these days of budget crunching, we want to take the time to send a sincere thanks out to those individuals and organizations that provide sponsorship and funding to the Division of Therapeutic Recreation. Many of our current programs could not be implemented without the financial assistance of the following individuals and/or organizations:

City of Cincinnati
Cincinnati Recreation Commission Foundation
United States Golf Association Foundation
CVS/pharmacy Charitable Trust
Billy Casper Golf
Kid Glove
Ohio Valley Tennis Association
Spina Bifida Association

Hamilton's Assistive Technology
Margaret Hardey Trust
UTSA Midwest Section
Byron Trapp
Push America
Queen City Racquet Club
Western Southern Financial Services /
Tennis Masters Series
VanDyne Crotty

D.A.G. Construction
Elder High School
Rohm and Haas
Xavier University Occupational Therapy Program
Ellen and Robert Rinsky
Don and Leota McOsker
Chris Ward

Guidelines for Participants, Parents, and Guardians

Prior to participating in any TR program, each participant must submit a current Program Registration Form, complete with participant/parent/guardian signature, to the Therapeutic Recreation Office. Please include all information requested to help the TR staff take appropriate precautions when planning the program. It is essential that we have a phone number where the parent/guardian can be reached during the program hours.

The TR staff members are not responsible for the supervision of participants before or after the designated program times. The TR staff members are not responsible for providing transportation from the program site to the participant's home at the conclusion of the program. Participants using ACCESS transportation must schedule drop-off/pick-up times within the designated program times.

If someone other than the parent/guardian will be picking up a participant at the conclusion of the program, advance written notification must be given to the program director.

A late pick-up fee of \$5 for each quarter hour will be assessed to any parent/guardian late in picking up the participant at the conclusion of the program.

The following guidelines are used in managing behavior: The TR staff members are instructed to use positive reinforcement and to provide a structured program in order to minimize negative behaviors. If negative behavior should occur, a brief time-out is the approved method of behavior management. If a behavior plan has been developed, or if you have specific techniques used at home, please inform the TR Staff so we may support your efforts.

If, in the opinion of the TR staff, a participant becomes unmanageable and potentially dangerous to themselves or others, the parent/guardian will be contacted to take the participant home. If a participant leaves the program site during program hours and the TR staff are unable to return the participant without risk of injury, the parent/guardian will be contacted to take the participant home. If the parent/guardian is unable to be reached or does not respond quickly, the TR staff may be required to call for police assistance.

Staff members who are trained/certified in Non-Violent Crisis Intervention (CPI) will intervene in the management of aggressive behavior with participants enrolled in our programs. A participant who becomes physically aggressive with others in the program setting may be subject to specific "holds" designed to physically control aggressive individuals. These holds are non-aversive and are only used as a last resort (if the participant has become a danger towards themselves or others).

For participants with specific health/medical issues: Due to the physical requirements of some activities, participants with certain health or medical conditions may be asked to provide a physician's written consent prior to participation.

For participants requiring medication during program hours, a medication waiver form must be completed and submitted prior to the TR staff assisting with the administration of medication.

Guidelines for Residential Agencies:

If a group of four or more participants from a specific agency attend a TR program, we request a staff member from the agency attends the program and assists the TR staff in leading the activities. In the event your agency will not be attending a program for which you have registered, please notify the TR office in advance. If the decision not to attend is made late, please notify the center where the program is to be held to inform TR staff.

An agency may send an unregistered participant to a program in place of a registered participant if a Program Registration Form for the new participant has been submitted to the office and we are given advance notification of the substitution.

Agency staff attending events or outings must provide the necessary payment for meals and/or admission fees (see Registration for All Therapeutic Recreation Programs).

Registration For All Therapeutic Recreation Programs

- Complete the Program Registration Form (insert). List the program code, name, location and fee for each program you plan to attend. Please indicate your residency status by checking the appropriate box (refer to the Zip Code Directory for City of Cincinnati Corporate Limits).

- Mail or bring the completed form with a check or money order to the Cincinnati Recreation Commission, Therapeutic Recreation, 805 Central Ave., Suite 800, Cincinnati, OH, 45202. Make check or money order payable to the Cincinnati Recreation Commission. There is a \$15 fee for any dishonored check submitted. Program registration will not be accepted without program payment. The program registration form must be received in the administrative office (805 Central Ave.) before the participant may attend the program. The Participant/Parent/Guardian release must be signed prior to participation.

- You may register in person at our administrative office. Phone-in registrations are not accepted. Please continue to call us for information about programs or if you need help with registration.

- We do not send confirmation of registration. If the program has reached capacity or your registration is unable to be accepted for another reason, you will be notified and payment refunded. Please note the registration deadlines for each program! Registrations will not be accepted after the deadline.

- Refunds of program fees are considered if the program is cancelled or filled to capacity, if the participant has a verified medical reason, or, in the opinion of the TR staff, the placement is inappropriate.

- Refunds for dances are given if we are notified a minimum of 24 hours before the event.
- Refunds for the outings are given only if we are notified a minimum of one week before the outing.

Additional Notes for Dance/Outing Registration

Our dances and outings require advance registration due to group rates or meal preparation. Please note the registration deadlines and be aware that these events may fill to capacity prior to the registration deadline. Group Home staff and aides are very welcome to attend, however it is imperative that we are notified of their attendance at the time of their participant's registration. Please use the Program Registration Form to indicate staff/aide attendance and include the necessary payment.

See page 13 for the Zip Code Directory & City of Cincinnati Corporate Limits information.





Therapeutic Division
805 Central Avenue, Suite 800
Cincinnati, OH 45202
Phone: 513.352.4028
Fax: 513.352.1605
www.cincyrec.org

Therapeutic Recreation Program Registration Form

Please complete the front and back of this form by providing us with the information that has been requested. For legibility purposes, please print all information that you provide. Return this form with a check or money order made payable to **Cincinnati Recreation Commission**. Registration Forms and payment may be mailed or delivered to The Cincinnati Recreation Commission (address above). For additional information, please call us at (513)352-4028.

Participant Information

Client ID Number (from mailing label): _____

First Name	Last Name	Date of Birth	Age	Gender
Street Address		City	State	Zip Code
Home Phone	Alternate Phone(s) - other than home		E-Mail Address	
Parent/Guardian Name	Relationship	Phone Number(s)		
Parent/Guardian Name	Relationship	Phone Number(s)		
Emergency Contact Name (other than parent)	Relationship	Phone Number(s)		
Group Home Agency	Contact Name	Phone Number(s)		

Are you a new participant? ☐ Yes ☐ No If yes, how did you hear about us? _____

Disabling Condition

Please identify the participant's disabling condition. Circle all that applies to the participant and/or write in any disabling condition not listed.

Amputation	Cerebral Palsy	Mental Illness	Spinal Cord Injury -
Arthritis	Childhood Disintegrative Disorder	Mental Retardation: Mild - Moderate - Severe	Injury Level: _____
Asperger Syndrome	Down Syndrome	Muscular Dystrophy	Vision Impairment -
Attention Deficit Disorder	Head Injury	Multiple Sclerosis	Blind - Low Vision - Other
Autism	Hearing Impairment / Deaf	Rett's Syndrome	Other: _____
Behavioral Disorder	Learning Disability - Type _____	Spina Bifida	_____

Does the participant walk independently? ☐ Yes ☐ No
If not, what type of assistance is required? ☐ Wheelchair ☐ Walker ☐ Other (please specify) _____

Does the participant eat independently? ☐ Yes ☐ No
If not, what type of assistance is required? _____

Does the participant dress independently? ☐ Yes ☐ No
If not, what type of assistance is required? _____

Does the participant use the bathroom/toilet independently? ☐ Yes ☐ No
If not, what type of assistance is required? _____

Does the participant communicate through speech? ☐ Yes ☐ No Use Boardmaker? ☐ Yes ☐ No
If not, what type of communication is used? _____

Additional information that would assist in programming for the participant: _____

Medical Information

Please circle all that apply to the participant:

Allergies (specify below)

Catheter

Hearing Aid

Scoliosis

Arthritis

Diabetes

Heart Condition

Shunt

Asthma

Diet Restriction

Hemophilia

Tracheotomy

Atlantoaxial Subluxation

Ear Tubes

High Blood Pressure

Other: _____

Braces (Orthopedic)

Glasses

Prosthesis

Please provide specific information for medical conditions we should be aware of (allergies, activity restrictions, etc.):

Does the participant have seizures: ☐ Yes ☐ No

If yes, what type? ☐ Grand Mal ☐ Petit Mal ☐ Other _____

If yes, how often does the participant have seizures? _____ Date of last seizure: _____

Please identify the type, dosage and time of any medication the participant is currently taking:

Medication Type _____ Dosage _____ Time _____

Type _____ Dosage _____ Time _____

Type _____ Dosage _____ Time _____

Program Information

Please indicate with an "x" which one of the following applies. Please see the Zip Code Directory included in this booklet if you are unsure of your status.

☐ Cincinnati Resident

☐ Non-City Resident

Program Code						Program Name / Location / Preferred Swim Time	Fee
							\$
							\$
							\$
							\$
							\$

Please remember to register staff/aids for each program, if applicable!
Interested in making a donation? See page 10 for more information!

Total Amount Enclosed \$

* What type of transportation does the participant have?

☐ Self ☐ Parent/Guardian ☐ Metro ☐ Group Home Staff ☐ Access – I.D.# _____

Participant / Parent / Guardian Release

As a participant or as a parent/guardian of the participant in this program, I recognize that there are certain risks of physical injury and I agree to assume the full risk of any injuries, damages or loss resulting from participation in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I may have, as a result of my or my son's/daughter's participation in the program, against the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers. I do hereby fully release and discharge the Cincinnati Recreation Commission, City of Cincinnati and their agents, employees, staff and volunteers for any and all claims from injuries, damage or loss which I have or which may accrue to me on account of my son's/daughter's participation in the program. I further agree to protect, defend and hold harmless the Cincinnati Recreation Commission, City of Cincinnati, and their agents, employees, staff and volunteers from any and all claims resulting from injuries, damage or losses sustained by myself or my son/daughter or arising out of, connected with, or in any way associated with the activities of the program. I have read and fully understand this release form. **Before registration in this program(s) is valid, this release form must be signed by the participant or the participant's parent or legal guardian.**

Signature of Participant / Parent / Guardian _____ Date _____

Multi-Media Release

I, the undersigned, hereby authorize the Cincinnati Recreation Commission to utilize photographs, videotapes, voice recordings, etc. of the participant to be used exclusively for promotion, advertising and marketing of the Cincinnati Recreation Commission and its programs.

Signature of Participant / Parent / Guardian _____ Date _____

FACILITY DIRECTORY

CRC Recreation Centers

CRC INFOLine (513)352-4000

Bond Hill	1501 Elizabeth Pl. (37)	242-9565
Bush	2640 Kemper Ln. (06)	281-1286
Camp Washington	1201 Stock St. (25)	681-6046
Carthage	19 E. 72nd St. (16)	821-2954
Clifton	320 McAlpin Ave. (20)	961-5681
College Hill	5545 Belmont Ave. (24)	591-3555
Corryville	2823 Eden Ave. (19)	221-0888
Dunham Complex	4356 Dunham Ln. (38)	251-5862
Evanston	3204 Woodburn Ave. (07)	861-9417
Hartwell	8275 Vine St. (16)	821-5194
Hirsch	3630 Reading Rd. (29)	751-3393
Kennedy/Woodford	6065 Red Bank Rd. (13)	631-5625
LeBlond	2335 Eastern Ave. (02)	281-3209
Lincoln	1027 Linn St. (03)	721-6514
Madisonville	5320 Stewart Rd.	271-4190
McKie	1655 Chase Ave. (23)	681-8247
Millvale	3303 Beekman St. (25)	352-4351
Mt. Auburn	270 Southern Ave. (19)	381-1760
Mt. Washington	1715 Beacon St. (30)	232-4762
North Avondale	617 Clinton Springs Ave. (29)	961-1584
Oakley	3882 Paxton Ave. (09)	321-9320
Over the Rhine	1715 Republic St. (10)	381-1893
Pleasant Ridge	5915 Ridge Rd. (13)	731-7894
Price Hill	959 Hawthorne Ave. (05)	251-4123
Sayler Park	6720 Home City Ave. (23)	941-0102
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109
Winton Hills	5170 Winneste Ave. (32)	641-0422

TR Program Locations

Bicentennial Commons at Sawyer Point	801 E. Pete Rose Way (03)	352-6180
Brentwood Bowl	9176 Winton Rd. (31)	522-2320
Clifton Center	320 McAlpin Ave. (20)	961-5681
College Hill Center	5545 Belmont Ave. (24)	591-3555
Corryville Center	2823 Eden Ave. (19)	221-0888
Dunham Center	4356 Dunham Ln. (38)	251-5862
Lunken Playfield	4750 Playfield Ln. (26)	321-1772
Madisonville Center	5320 Stewart Rd. (27)	271-4190
Mt. Auburn Center and Pool	270 Southern Ave. (19)	381-1760
Pleasant Ridge Center	5915 Ridge Rd. (13)	731-7894
Reeves Golf Course	4750 Playfield Ln. (26)	321-2740
The Grove	9158 Winton Rd. (31)	931-4255
Westwood Town Hall	3017 Harrison Ave. (11)	662-9109

Pools - Indoor Deep Water

Krueck	270 W. McMillan St.	861-4169
Mt. Auburn	270 Southern Ave.	381-6780
Over the Rhine	1715 Republic St.	381-1893
Western Hills	2144 Ferguson Rd.	244-8770

Golf Courses

Avon Fields	4081 Reading Rd.	281-0322
California	5920 Kellogg Ave.	231-6513
Dunham	1951 Dunham Way	251-1157
Glenview	10965 Springfield Pike	771-1747
Neumann	7215 Bridgetown Rd.	574-1320
Reeves	4757 Playfield Ln.	321-2740
Woodland	5820 Muddy Creek Rd.	451-4408

*All zipcodes are prefix 452

+All phone numbers are area code 513

www.cincyrec.org

Send us your e-mail address & take advantage of our e-mail announcements!

To cut costs we will no longer be mailing flyers to promote upcoming events. We will be taking advantage of the current technology and will send e-mail announcements. The announcements will include valuable information about upcoming programs and "spontaneous" events. You can also check out our website @www.cincyrec.org for up-to-date program information.

If you are interested in being on our e-mail distribution list, please call Terry Mongenas at (513)352-4015, or send her an e-mail to terry.mongenas@cincinnati-oh.gov.

Cincinnati Recreation Commission

Denise M. Driehaus, President
Kazava Smith, Vice President
Roscoe A. Fultz
Catherine D. Ingram
Michael J. Moeddel
James R. Garges, CPRP, Director

Zip Code Directory for City of Cincinnati Corporate Limits. Please call the TR office if you have questions about your residency status

Zip Codes Entirely Within City Limits:

01, 02, 03, 06, 10, 14, 19, 20, 21, 23 (with exception of portions of Shepherd Creek and Shepherd Rd.), 25, 26, 28, 32

Zip Codes Entirely Outside City Limits:

18, 36, 40, 41, 42, 43, 44, 45, 46, 47

Zip Codes Partly In and Out of City

Limits: 04, 05, 07, 08, 09, 11, 12, 13, 15, 16, 17, 24, 27, 29, 30, 31, 33, 37, 38, 39, 48